



Panther Prowl 5K
Monticello, Iowa
August 14, 2021

Sunny
71 degrees



| # | First name | Last name | Gender | Age | City | State | Final Result | Pace |
|-----------------------|-------------|------------|--------|-----|--------------------|-------|--------------|-----------|
| Overall Male | | | | | | | | |
| 1 | Chesney | Capron | M | 16 | Monticello | IA | 00:18:51.29 | 06:04 /mi |
| 2 | Dallas | Lumpa | M | 26 | North Liberty | IA | 00:19:46.48 | 06:21 /mi |
| 3 | Jacob | Miller | M | 16 | Monticello | IA | 00:20:26.98 | 06:34 /mi |
| 4 | Rich | Waite | M | 53 | Drakesville | IA | 00:20:49.55 | 06:42 /mi |
| 5 | Maddox | Henderson | M | 10 | Monticello | IA | 00:22:10.42 | 07:08 /mi |
| 6 | Reeve | Graver | M | 14 | Monticello | IA | 00:22:18.83 | 07:10 /mi |
| 7 | Matthew | Starks | M | 36 | West Liberty | IA | 00:22:29.41 | 07:14 /mi |
| 8 | Will | Wolken | M | 14 | Monticello | IA | 00:22:49.24 | 07:20 /mi |
| 9 | Carter | Kurt | M | 17 | Monticello | IA | 00:23:29.22 | 07:33 /mi |
| 10 | Dale | Linderwell | M | 35 | Dundee | IA | 00:24:23.68 | 07:51 /mi |
| 11 | Roger | Keller | M | 56 | Marion | IA | 00:27:11.77 | 08:45 /mi |
| 12 | Henry | Wolken | M | 10 | Monticello | IA | 00:27:16.87 | 08:46 /mi |
| 13 | Creighton | Randolph | M | 64 | Monticello | IA | 00:29:44.89 | 09:34 /mi |
| 14 | Scott | Randklev | M | 50 | Monticello | IA | 00:31:05.77 | 10:00 /mi |
| 15 | Eli | Lawrence | M | 43 | Monticello | IA | 00:33:41.41 | 10:50 /mi |
| 16 | Trace | Simonson | M | 10 | Monticello | IA | 00:35:11.90 | 11:19 /mi |
| 17 | Christopher | Taylor | M | 43 | Monticello | IA | 00:37:05.78 | 11:56 /mi |
| 18 | Colin | Ryan | M | 43 | Monticello | IA | 00:38:52.11 | 12:30 /mi |
| 19 | Chris | Wilkinson | M | 70 | Green Cove Springs | FL | 00:42:05.25 | 13:33 /mi |
| 20 | Zach | Reuter | M | 16 | Monticello | IA | 00:43:11.89 | 13:54 /mi |
| 21 | Grady | Haas | M | 9 | Monticello | IA | 00:49:31.86 | 15:56 /mi |
| 22 | Bentley | Weston | M | 10 | Anamosa | IA | 00:50:24.36 | 16:13 /mi |
| 23 | Michael | Weston | M | 58 | Anamosa | IA | 00:50:26.24 | 16:13 /mi |
| 24 | Josh | Parker | M | 32 | Monticello | IA | 00:51:58.54 | 16:43 /mi |
| 25 | Greyson | Hinrichs | M | 9 | Monticello | IA | 00:57:19.59 | 18:27 /mi |
| 26 | Gavin | Hinrichs | M | 11 | Monticello | IA | 00:57:26.00 | 18:29 /mi |
| 27 | Travis | Kelchen | M | 31 | Monticello | IA | 01:01:53.19 | 19:55 /mi |
| Overall Female | | | | | | | | |
| 1 | Ava | Capron | F | 14 | Monticello | IA | 00:21:27.24 | 06:54 /mi |
| 2 | Deanne | Henderson | F | 38 | Monticello | IA | 00:22:15.01 | 07:09 /mi |
| 3 | Hallie | Kelchen | F | 13 | Cascade | IA | 00:22:20.51 | 07:11 /mi |
| 4 | Nikki | Yonkovic | F | 36 | Monticello | IA | 00:23:55.02 | 07:42 /mi |
| 5 | Alecia | Boysen | F | 30 | Monticello | IA | 00:23:58.96 | 07:43 /mi |
| 6 | Mindy | Capron | F | 45 | Monticello | IA | 00:24:33.01 | 07:54 /mi |
| 7 | Faith | Walker | F | 28 | Monticello | IA | 00:25:17.56 | 08:08 /mi |
| 8 | Karen | Verhagen | F | 42 | Monticello | IA | 00:25:17.84 | 08:08 /mi |
| 9 | Emma | Ostwinkle | F | 18 | Monticello | IA | 00:26:25.34 | 08:30 /mi |
| 10 | Robyn | Eastin | F | 41 | Monticello | IA | 00:26:51.05 | 08:38 /mi |
| 11 | Mary Grace | Lyons | F | 10 | Monticello | IA | 00:27:33.77 | 08:52 /mi |
| 12 | Rielle | Henderson | F | 8 | Monticello | IA | 00:29:16.41 | 09:25 /mi |
| 13 | Julia | Ries | F | 9 | Monticello | IA | 00:29:16.86 | 09:25 /mi |
| 14 | Jill | Ries | F | 42 | Monticello | IA | 00:29:18.41 | 09:25 /mi |
| 15 | Dawn | Long | F | 39 | Monticello | IA | 00:30:42.73 | 09:52 /mi |
| 16 | Meleah | Luensman | F | 38 | Monticello | IA | 00:30:42.81 | 09:53 /mi |
| 17 | Jayne | Freye | F | 34 | Monticello | IA | 00:32:19.44 | 10:24 /mi |
| 18 | Kenley | Hunter | F | 27 | Hopkinton | IA | 00:32:21.56 | 10:24 /mi |
| 19 | Jackie | Reuter | F | 47 | Monticello | IA | 00:32:29.80 | 10:27 /mi |
| 20 | Kayla | Wiley | F | 26 | Cascade | IA | 00:32:31.91 | 10:28 /mi |
| 21 | Paula | Waite | F | 53 | Drakesville | IA | 00:33:03.66 | 10:38 /mi |
| 22 | Carrie | Yates | F | 46 | Monticello | IA | 00:33:05.61 | 10:39 /mi |
| 23 | Stephanie | Miller | F | 39 | Wyoming | IA | 00:33:27.34 | 10:46 /mi |
| 24 | Amanda | Reck | F | 39 | Anamosa | IA | 00:36:12.00 | 11:39 /mi |
| 25 | Shannon | Simonson | F | 37 | Monticello | IA | 00:36:20.66 | 11:42 /mi |
| 26 | Lindsay | Ryan | F | 36 | Monticello | IA | 00:36:37.19 | 11:47 /mi |
| 27 | Amanda | Parker | F | 35 | Monticello | IA | 00:36:50.91 | 11:51 /mi |
| 28 | Paula | Odefey | F | 73 | Dubuque | IA | 00:37:54.84 | 12:12 /mi |
| 29 | Gabi | Barnhart | F | 15 | Monticello | IA | 00:40:06.98 | 12:54 /mi |
| 30 | Kristine | Barnhart | F | 50 | Monticello | IA | 00:40:07.21 | 12:54 /mi |
| 31 | Madonna | Hough | F | 66 | Anamosa | IA | 00:40:12.92 | 12:56 /mi |
| 32 | Carla | Miller | F | 52 | Monticello | IA | 00:40:39.58 | 13:05 /mi |
| 33 | Rylee | Owens | F | 24 | Vinton | IA | 00:40:46.50 | 13:07 /mi |

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|---------------------|------------|--------------|---|----|-----------------|----|-------------|-----------|
| 34 | Megan | McDonald | F | 20 | Ryan | IA | 00:40:46.59 | 13:07 /mi |
| 35 | Adalyn | Monk | F | 12 | Hopkinton | IA | 00:43:12.28 | 13:54 /mi |
| 36 | Heather | Wegner | F | 35 | Hopkinton | IA | 00:43:15.64 | 13:55 /mi |
| 37 | Maddie | Stadtmueller | F | 18 | Monticello | IA | 00:44:21.26 | 14:16 /mi |
| 38 | Marisa | Grant | F | 16 | Monticello | IA | 00:44:25.17 | 14:18 /mi |
| 39 | Diane | Joslin | F | 39 | Monticello | IA | 00:46:10.32 | 14:51 /mi |
| 40 | Shawna | Giegerich | F | 31 | Monticello | IA | 00:46:13.92 | 14:52 /mi |
| 41 | Sheila | Breja | F | 60 | Elberon | IA | 00:46:26.61 | 14:57 /mi |
| 42 | Melissa | Wolken | F | 39 | Monticello | IA | 00:46:50.45 | 15:04 /mi |
| 43 | Teresa | Wolken | F | 42 | Monticello | IA | 00:46:50.55 | 15:04 /mi |
| 44 | Gemma | Haas | F | 11 | Monticello | IA | 00:47:24.83 | 15:15 /mi |
| 45 | Amie | Stadtmueller | F | 46 | Monticello | IA | 00:48:29.15 | 15:36 /mi |
| 46 | Denise | Miossi | F | 59 | Monticello | IA | 00:48:29.31 | 15:36 /mi |
| 47 | Milly | Haas | F | 34 | Monticello | IA | 00:49:37.09 | 15:58 /mi |
| 48 | Cammy | Weston | F | 8 | Anamosa | IA | 00:50:25.60 | 16:13 /mi |
| 49 | Grace | Cooksley | F | 16 | Monticello | IA | 00:50:52.71 | 16:22 /mi |
| 50 | Linda | Weston | F | 60 | Anamosa | IA | 00:50:58.94 | 16:24 /mi |
| 51 | Kendi | Monk | F | 31 | Monticello | IA | 00:51:30.56 | 16:34 /mi |
| 52 | Aspen | Felton | F | 26 | Monticello | IA | 00:51:59.49 | 16:43 /mi |
| 53 | Jami | Schlarmann | F | 44 | Monticello | IA | 00:52:55.71 | 17:02 /mi |
| 54 | Connie | Henderson | F | 68 | Monticello | IA | 00:52:59.79 | 17:03 /mi |
| 55 | Julie | Miller | F | 65 | Monticello | IA | 00:52:59.88 | 17:03 /mi |
| 56 | Susie | Steffen | F | 62 | Cascade | IA | 00:53:09.78 | 17:06 /mi |
| 57 | Liz | Barry | F | 70 | Cascade | IA | 00:53:11.33 | 17:07 /mi |
| 58 | Michelle | Kelchen | F | 53 | Monticello | IA | 00:53:34.73 | 17:14 /mi |
| 59 | Sue | Lilly | F | 65 | Sioux Falls | SD | 00:57:25.80 | 18:28 /mi |
| 60 | Mayra | Nunez | F | 23 | Monticello | IA | 00:58:24.23 | 18:48 /mi |
| 61 | Maite | Nunez | F | 7 | Monticello | IA | 00:58:24.31 | 18:48 /mi |
| 62 | Tricia | Dausener | F | 48 | Epworth | IA | 00:58:24.43 | 18:48 /mi |
| 63 | Charli | Pestka | F | 28 | Center Junction | IA | 01:07:03.07 | 21:34 /mi |
| 64 | Kelsey | Roller | F | 29 | Monticello | IA | 01:07:05.73 | 21:35 /mi |
| Male 11U | | | | | | | | |
| 1 | Maddox | Henderson | M | 10 | Monticello | IA | 00:22:10.42 | 07:08 /mi |
| 2 | Henry | Wolken | M | 10 | Monticello | IA | 00:27:16.87 | 08:46 /mi |
| 3 | Trace | Simonson | M | 10 | Monticello | IA | 00:35:11.90 | 11:19 /mi |
| 4 | Grady | Haas | M | 9 | Monticello | IA | 00:49:31.86 | 15:56 /mi |
| 5 | Bentley | Weston | M | 10 | Anamosa | IA | 00:50:24.36 | 16:13 /mi |
| 6 | Greyson | Hinrichs | M | 9 | Monticello | IA | 00:57:19.59 | 18:27 /mi |
| 7 | Gavin | Hinrichs | M | 11 | Monticello | IA | 00:57:26.00 | 18:29 /mi |
| Female 11U | | | | | | | | |
| 1 | Mary Grace | Lyons | F | 10 | Monticello | IA | 00:27:33.77 | 08:52 /mi |
| 2 | Rielle | Henderson | F | 8 | Monticello | IA | 00:29:16.41 | 09:25 /mi |
| 3 | Julia | Ries | F | 9 | Monticello | IA | 00:29:16.86 | 09:25 /mi |
| 4 | Gemma | Haas | F | 11 | Monticello | IA | 00:47:24.83 | 15:15 /mi |
| 5 | Cammy | Weston | F | 8 | Anamosa | IA | 00:50:25.60 | 16:13 /mi |
| 6 | Maite | Nunez | F | 7 | Monticello | IA | 00:58:24.31 | 18:48 /mi |
| Male 12-15 | | | | | | | | |
| 1 | Reeve | Graver | M | 14 | Monticello | IA | 00:22:18.83 | 07:10 /mi |
| 2 | Will | Wolken | M | 14 | Monticello | IA | 00:22:49.24 | 07:20 /mi |
| Female 12-15 | | | | | | | | |
| 1 | Ava | Capron | F | 14 | Monticello | IA | 00:21:27.24 | 06:54 /mi |
| 2 | Hallie | Kelchen | F | 13 | Cascade | IA | 00:22:20.51 | 07:11 /mi |
| 3 | Gabi | Barnhart | F | 15 | Monticello | IA | 00:40:06.98 | 12:54 /mi |
| 4 | Adalyn | Monk | F | 12 | Hopkinton | IA | 00:43:12.28 | 13:54 /mi |
| Male 16-19 | | | | | | | | |
| 1 | Chesney | Capron | M | 16 | Monticello | IA | 00:18:51.29 | 06:04 /mi |
| 2 | Jacob | Miller | M | 16 | Monticello | IA | 00:20:26.98 | 06:34 /mi |
| 3 | Carter | Kurt | M | 17 | Monticello | IA | 00:23:29.22 | 07:33 /mi |
| 4 | Zach | Reuter | M | 16 | Monticello | IA | 00:43:11.89 | 13:54 /mi |
| Female 16-19 | | | | | | | | |
| 1 | Emma | Ostwinkle | F | 18 | Monticello | IA | 00:26:25.34 | 08:30 /mi |
| 2 | Maddie | Stadtmueller | F | 18 | Monticello | IA | 00:44:21.26 | 14:16 /mi |
| 3 | Marisa | Grant | F | 16 | Monticello | IA | 00:44:25.17 | 14:18 /mi |
| 4 | Grace | Cooksley | F | 16 | Monticello | IA | 00:50:52.71 | 16:22 /mi |

| Male 60+ | | | | | | | | |
|------------|-----------|-----------|---|----|--------------------|----|-------------|-----------|
| 1 | Creighton | Randolph | M | 64 | Monticello | IA | 00:29:44.89 | 09:34 /mi |
| 2 | Chris | Wilkinson | M | 70 | Green Cove Springs | FL | 00:42:05.25 | 13:33 /mi |
| Female 60+ | | | | | | | | |
| 1 | Paula | Odefey | F | 73 | Dubuque | IA | 00:37:54.84 | 12:12 /mi |
| 2 | Madonna | Hough | F | 66 | Anamosa | IA | 00:40:12.92 | 12:56 /mi |
| 3 | Sheila | Breja | F | 60 | Elberon | IA | 00:46:26.61 | 14:57 /mi |
| 4 | Linda | Weston | F | 60 | Anamosa | IA | 00:50:58.94 | 16:24 /mi |
| 5 | Connie | Henderson | F | 68 | Monticello | IA | 00:52:59.79 | 17:03 /mi |
| 6 | Julie | Miller | F | 65 | Monticello | IA | 00:52:59.88 | 17:03 /mi |
| 7 | Susie | Steffen | F | 62 | Cascade | IA | 00:53:09.78 | 17:06 /mi |
| 8 | Liz | Barry | F | 70 | Cascade | IA | 00:53:11.33 | 17:07 /mi |
| 9 | Sue | Lilly | F | 65 | Sioux Falls | SD | 00:57:25.80 | 18:28 /mi |